**HAVERFORD COLLEGE**

**Lacrosse Tour Itinerary**  **| Portugal** 

**42 Players + 3 Coaches | 13rd - 20th January 2018**

 **DAY 1 | SATURDAY | 13rd JANUARY 2018**

 **08:10** Arrival of United Airlines flight UA64 from Newark into Lisbon Airport (Terminal 1) and

transfer to Algarve

 A Tour Manager will meet you at arrivals and assist you throughout the trip

 Francisco Mendes | Mob: +351 963 289 244

 Free time for lunch (not included/own costs)

 **14:00** Arrival and check-in at Yellow Praia Monte Gordo Hotel 4\*

 Avenida Infante D. Henrique, 8900-412 Monte Gordo | Tel: +351 281 008 900

 **14:20** Transfer to venue

 **14:30** Arrival and warm-up

 **15:30** Match #1 | Haverford Fords vs. England Team

 **18:00** End of match and transfer back to Hotel

 **19:30** Dinner included at Hotel Restaurant (with England Team)

 Buffet Menu: Starters and Salads, 1 Soup, 1 Meat, 1 Fish and 1 Pasta dish, Desserts and Fruit

Drinks: Water, Soft Drinks, Coffee and Tea (no alcoholic drinks included)

 **DAY 2 | SUNDAY | 14th JANUARY 2018**

**09:30** Breakfast included at Hotel Restaurant

**09:50** Transfer to venue

**10:00** Arrival and warm-up

 **11:00** Match #2 | Haverford Fords vs. England Team

 **13:30** End of match and transfer back to Hotel

Free time for lunch (not included/own costs)

**16:20** Transfer to venue

 **16:30** Community service #1 with kids from Social Institution or Local School

 **18:00** End of community service and transfer back to Hotel

 **19:30** Dinner included at Hotel Restaurant (with England Team)

 Buffet Menu: Starters and Salads, 1 Soup, 1 Meat, 1 Fish and 1 Pasta dish, Desserts and Fruit

Drinks: Water, Soft Drinks, Coffee and Tea (no alcoholic drinks included)

 **DAY 3 | MONDAY | 15th JANUARY 2018**

**07:30** Breakfast included at Hotel Restaurant

**08:20** Transfer to venue

**08:30** Arrival and warm-up

 **09:00** Match #3 | Haverford Fords vs. England Team

 **11:30** End of match and transfer back to Hotel

Free time for lunch (not included/own costs)

 **14:00** Transfer to Olhão

 **15:00** Go Karting group activity

 **18:00** End of activity and transfer to Hotel

 **19:30** Dinner included at Hotel Restaurant

 Buffet Menu: Starters and Salads, 1 Soup, 1 Meat, 1 Fish and 1 Pasta dish, Desserts and Fruit

Drinks: Water, Soft Drinks, Coffee and Tea (no alcoholic drinks included)

 **DAY 4 | TUESDAY | 16th JANUARY 2018**

**08:00** Breakfast included at Hotel Restaurant

**09:00** Departure for Tour of Lagos

 Free time for lunch (not included/own costs)

**14:00** Departure for Tour of Silves

**17:00** End of Tour and transfer back to Hotel

 **19:30** Dinner included at Hotel Restaurant

Buffet Menu: Starters and Salads, 1 Soup, 1 Meat, 1 Fish and 1 Pasta dish, Desserts and Fruit

Drinks: Water, Soft Drinks, Coffee and Tea (no alcoholic drinks included)

 **DAY 5 | WEDNESDAY | 17th JANUARY 2018**

**07:30** Breakfast included at Hotel Restaurant

**08:50** Transfer to venue

 **09:00** Training session #1

 **11:00** End of training session and transfer back to Hotel

**12:00** Hotel check-out and transfer to Mertola

 Free time for lunch (not included/own costs)

 **15:00** Slide activity

 **17:30** End of activity and transfer to Lisbon

 **20:30** Arrival and check-in at Hotel Aldeia dos Capuchos Golf & SPA 4\*

 Largo Aldeia dos Capuchos, 2825-017 Caparica, Almada | Tel: +351 212 909 000

**21:00** Dinner included at Hotel Restaurant

 **DAY 6 | THURSDAY | 18th JANUARY 2018**

**07:00** Breakfast included at Hotel Restaurant

**08:00** Transfer to venue

 **09:00** Training session #2

 **11:00** End of training session and transfer to Carcavelos beach

 **11:45** Surf Clinic group activity

**14:15** End of Surf Clinic and lunch included at Local Restaurant

 **15:30** Half-day guided city tour of Lisbon

 **18:30** End of training session and transfer back to Hotel

**19:30** Dinner included at Hotel Restaurant

 **DAY 7 | FRIDAY | 19th JANUARY 2018**

**08:45** Breakfast included at Hotel Restaurant

**09:45** Transfer to training session venue

 **10:45** Training session #3

**12:45** End of training session and transfer to Belem area

 Free time for lunch (not included/own costs)

 **15:30** Community Service #2

 **16:30** End of community service and transfer to Lisbon

 Free afternoon

**19:30** Group dinner with Fado experience at Coimbra Taberna Restaurant

Menu: Couvert, Starter (Pumpkin and potato soup), Dish (chicken with stew vegetables and rice), Dessert (coconut mousse)

Drinks: Water, Soft Drinks and Coffee (no alcoholic drinks included)

**22:00** Return transfer back to the hotel

 **DAY 7 | SATURDAY | 20th JANUARY 2018**

 **06:45** Breakfast box and Hotel check-out

**07:15** Transfer to Lisbon Airport (Terminal 1)

 **07:45** Arrival and check-in for 10:15 United Airlines flight UA65 to Newark

**----- END OF TOUR -----**



To all activities and/or match fixtures, please ensure you bring all passports, health insurance cards and paperwork.



Jose Moraes (Out of Office | 24h assistance) +351 939 318 993

Alexandre Azevedo (Out of Office | 24h assistance) +351 925 186 364